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| KISA KI RELE KOWONA VIRUS? Coronavirus yo se yon gwo fanmi ki gen viris ki ka lakòz maladi nan bèt oswa nan moun.  Nan imen yo, yo konnen plizyè coronavirus ki lakòz enfeksyon respiratwa ki menm jan  ak maladi ki pi grav tankou Mwayen Oryan Resipirasyon Sendwòm (MERS)  ak severe Sendwòm Respiratwa (SARS).  Koranavirus ki yo apenn dekouvwi a lakòz maladi coronavirus COVID-19 | **Vision Help Foundation Inc (VHF)**  **Epidemi maladi koronaviris (KOVID-19)** KESYON AK REPONS Sa ou bezwen konnen  Kisa yon koronavirus ye?  Address: 11628 Old Ballas Road  St Louis, Missouri, Suite 304, 63141  Phone: 314-485-8380 | Sous: Oganization Mondyal pwodwi Dokiman sa / Vision Help Foundation tradwi e Pibliye Li *VHF Se yon organization ki travay nan sante piblik ak edikasyon* |
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| KONBYEN TAN PERYOD ENKIBASYON ANYE? "Peryòd enkibasyon" vle di moman ki genyen ant pwan viris la epi kòmanse gen sentòm maladi a.  Pifò estimasyon sou peryòd enkubasyon pou COVID-19 varye de 1-14 jou, pi souvan alantou senk jou. KIJAN KOVID-19 PWOPAJE Moun ka trape COVID-19 nan men lòt moun ki gen viris la.  Maladi a ka pwopaje de yon moun a yon lòt moun atravè ti gout  ki soti nan nen oswa nan bouch ki gaye lè yon moun ki gen COVID-19 touse oswa repire.  Ti gout sa yo sou tè objè ak sifas alantou moun nan.  Lè sa a, lòt moun trape COVID-19 lè yo manyen objè sa yo oswa sifas yo,  Lè sa a, si yo manyen je yo, nen yo oswa bouch yo.  Moun ka trape COVID-19 tou si yo respire ti gout  ki sòti nan yon moun ki gen COVID-19 ki touse soti oswa exhales ti gout.  Se poutèt sa li enpòtan pou rete plis pase 1 mèt (3 pye) lwen yon moun ki malad. | KISA KI RELE KOVID-19? COVID-19 se maladi enfeksyon an ki te koze pa coronavirus a pi resamman dekouvri.  Pat gen moun kite konnen egzistans Nouvo viris ak maladi sa a  anvan epidemi an te kòmanse nan Yon Vil Ki Rele Wuhan, nan peyi Lachin, nan mwa desanm 2019.  **ÈSKE VIRIS KI LAKÒZ COVID-19 KA TRANSMÈT NAN LÈ A?**  Etid yo sijere ke viris la ki lakòz COVID-19 se sitou  transmèt nan kontak ak ti gout respiratwa olye ke nan lè a.  **ÈSKE OU KA PRAN COVID-19 NAN YON MOUN KI PA GEN OKENN SENTÒM?**  Fason prensipal la maladi a gaye se nan ti gout respiratwa ekspilse pa yon moun ki ap touse.  Risk pou trape COVID-19 nan men yon moun ki pa gen okenn sentòm nan tout se trè ba.  Sepandan, anpil moun ki gen COVID-19 eksperyans sèlman sentòm grav.  Se poutèt sa, se posib yo trape COVID-19 nan yon moun ki gen yon tous lejè epi yo pa santi yo malad | KI SENTOM KOVID-19? Sentòm ki pi komen nan COVID-19 yo se lafyèv, fatig, ak tous sèk.  Kèk moun ka doulè nan ko yo , konjesyon nan nen, nen k ap koule, gòj fè mal oswa dyare  Gen kèk moun ki vin enfekte men yo pa devlope okenn sentòm epi yo pa santi yo malad.  Pifò moun (apeprè 80%) refè de maladi a san yo pa bezwen tretman espesyal.  Anviwon 1 nan chak 6 moun ki vin COVID-19 vin grav malad epi li devlope difikilte pou respire.  Gramoun, ak moun ki gen pwoblèm medikal tankou tansyon wo, pwoblèm kè oswa dyabèt,  gen plis chans yo devlope maladi grav.  Moun ki gen lafyèv, tous ak difikilte pou respire ta dwe chèche jwenn swen medikal.  **KOUMAN MWEN KA PWOTEJE TÈT MWEN kont coronavirus la?**  Ou ka diminye chans ou pou yo enfekte oswa simaye COVID-19 lè w pran kèk prekosyon senp:   1. Regilyèman lave menw ak dlo epi savon 2. Pa bay moun lanmen. 3. Evite manyen je, nen ak bouch ou. 4. Asire ou ke ou, ak moun ki ozalantou w yo, swiv bon ijyèn respiratwa. 5. Sa vle di ki kouvri bouch ou ak nen ou ak koud ou bese lè ou touse oswa etènye. 6. Rete lakay ou si ou santi ou malad. Si ou gen lafyèv, tous ak difikilte pou respire, chèche jwenn swen medikal epi rele davans. 7. Kenbe omwen 1 mèt (3 pye) distans ant oumenm ak nenpòt ki moun ki touse oswa etènye. |